



Example 1

When teaching a technique like this what precautions should be taken.

The client should only roll away from the carer if there is a wall or something to stop them rolling off the bed. Otherwise they should be rolled toward the carer.



Example 2

Comment on this hoist technique.

When manoeuvring it is preferable to push rather than pull the hoist, also make sure the area is clear.



Example 3

Are there any problems with this technique, please comment.

Both carers heads are down and the carer on the right is stooped (not good posture) also the hand grip on the client is a palm to thumb hold, this should be used carefully (there is a risk of damage to carer and client)



Example 4

What is wrong with this technique and how would you avoid using it?

The carers look as if there about to lift (which should be avoided) this technique could be avoided by making sure the client is placed correctly to begin with (ie. hoisted to the back of the chair) or the use of a one-way glide may prove helpful.

IMPORTANT This sheet should only be used in conjunction with the Evaluation materials from Centaur Training



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